

Troop 1 – Wilderness Survival  
Equipment & Survival Gear  
2-17-09

**Basic Warm and Cold Weather Clothing (Inclement & Insulation)**

<b>Category</b>	<b>Warm Weather</b>	<b>Cold Weather</b>
Hat	Brimmed Hat	Knit Cap
Head/Neck	Bandanna	Wool Scarf
Layer 1	Underwear	Long Underwear
Layer 2	T-shirt	Long-sleeved shirt
Layer 3	Long-sleeved shirt	Sweater
Outer layer	Sweater or warm jacket	Hooded parka or jacket
Pants	Hiking Shorts	Long pants
Stockings	Socks	Wool or synthetic socks
Footwear	Appropriate for hiking	Wet/Cold weather footwear
Inclement weather	Rain gear	Rain gear
Other	Lightweight long pants	Fleece or wool mittens or gloves with shells

**Survival Kit Checklist:**

**10 Essentials** (+ Mr. Yo's essential)

	W – Water bottle – around 20oz per hour when hiking
	A – Attract Attention (whistle & signal mirror)
	F – First aid kit (triangular & roller bandages, dressings, adhesive bandages, tape, antiseptic wipes, antibiotic ointment, moleskin, scissors, tweezers, & safety pins)
	F – Fire (matches in waterproof container)
	L – Light (flashlight & spare batteries)
	E – Emergency Edibles (oatmeal or soup)
	S – Sun protection (sunscreen & sunglasses)
	I – Inclement & Insulation (Space Blanket + see above)
	N – Navigation (map, compass, & watch)
	K - Knife
	Y- Mr. Yo's essential! (50' parachute chord)

**Other Survival kit items**

	Duct tape (wrap a length around water bottle, above)
	Garbage bag (30 – 39 gal, brightly colored)
	Super glue
	Needles
	50' fishing line or dental floss